



# 24580 [EA] - CHEF'S CRAFT Fully Cooked Frozen No-Antibiotics-Ever and Vegetarian Fed Grill Marked Chicken Breast Chunks (1 lb.)

Our fully cooked, grilled chicken breast chunks are skillfully prepared, so you can create a memorable meal in minutes. They're the perfect compliment for salads, rice bowls, kebobs or simply on their own. CHEF'S CRAFT is chef-inspired chicken made easy. Every step of the way, we use our craft to create yours.

Brand: Chef's Craft®



## Nutrition Facts

Serving Size 3oz. (84g)  
Servings Per Container: 5

### Amount Per Serving

Calories 90

Calories from Fat 10

### % Daily Value\*

<b>Total Fat</b> 1g	2%
Saturated Fat 0g	3%
Trans Fat 0g	
<b>Cholesterol</b> 45mg	15%
<b>Sodium</b> 360mg	15%
<b>Potassium</b> 290mg	8%
<b>Total Carbohydrate</b> 2g	1%
Dietary Fiber 0g	0%
Sugars 0g	
<b>Protein</b> 16g	

Vitamin A 0 IU	•	Vitamin C 2%
Calcium 5 mg	•	Iron 0 mg

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbs.		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

## Ingredients

Ingredients: Chicken Breast With Rib Meat, Water, Less Than 2 Percent of Salt, Rice Starch, Chicken Broth, Food Starch (Unmodified), White Sugar, Potato Starch, Black Pepper, Dehydrated Garlic, Dehydrated Onion, Corn Oil.

## Each Specifications

GTIN	00038483245809	Each Gross Weight	16 OZ
UPC	038483245809	Each Net Weight	16 OZ
Pack Size	1 / 16OZ	Each L,W,H	3 IN, 7.25 IN, 11.50 IN
Shelf Life	365 Days	Cube	0.14 CF
Tie x High	120 x 7		

## Preparation and Cooking

Cook from frozen. Heat to an internal temperature of 145F. Preferred Method Conventional Oven (350F): Place frozen grilled chunks on a sheet pan that has been sprayed with pan release spray. Heat 9 minutes\*. Let stand for 2 minutes before serving. Microwave Oven (1100 watt): Place frozen grilled chunks on microwavable plate. Microwave 2 minutes\* on high. Let stand 2 minutes before serving. Skillet: Place frozen grilled chunks in a non-stick skillet lightly coated with pan release spray. Heat over medium high for 3-4 minutes\* then flip the grilled chunks and heat an additional 3-4 minutes\*. \*Appliances vary - heating times approximate.

## Serving Suggestions

Best served as a healthy appetizer with a light dipping sauce or sauteed atop a bed of rice or pasta.

## Packaging and Storage

Keep frozen until ready to heat and serve. Fully Cooked.

## Allergens

CONTAINS:  
Corn or Corn Derivatives

**Nutritional/Diet Claims:** Gluten Free