



24589 [EA] - CHEF'S CRAFT Fully Cooked Frozen No-Antibiotics-Ever and Vegetarian Fed Gluten Free Breaded Chicken Breast Chunks (1 lb.)



Our fully cooked, gluten free, breaded chicken breast chunks are skillfully prepared, so you can create a memorable meal in minutes. They're the perfect finger food served with your choice of dipping sauce, or as a complement to your favorite dishes. CHEF'S CRAFT chicken is chef-inspired recipes made easy. Every step of the way, we use our craft to create yours.

Brand: Chef's Craft®

Nutrition Facts

Serving Size 3oz. (84g)
Serving Per Container: 5

Amount Per Serving

Calories 140	Calories from Fat 35
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 510mg	21%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 15g	

Vitamin A 15 IU • Vitamin C 2%
Calcium 20 mg • Iron 0 mg

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbs.		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients

Ingredients: Chicken Breast With Rib Meat, Natural Chicken Broth, Less Than 2% of Sea Salt, Food Starch (Unmodified), Yeast Extract, Dehydrated Garlic, Dehydrated Onion. Breaded With: Pea Flour, Rice Flour, Corn Starch, Salt, Contains Two Percent Or Less of Each of the Following: Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Dehydrated Garlic, Dehydrated Onion, Soybean Oil (As Processing Aid), Yeast Extract, Spice, Paprika, Natural Flavor. Battered With: Water, Pea Flour, Rice Flour, Corn Starch, Salt, Contains Two Percent Or Less of Each of the Following: Pulsein2 Protein Blend (Chickpea Protein, Pea Protein, Faba Bean Protein Lentil Protein), Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Dehydrated Garlic, Dehydrated Onion, Yeast Extract, Spice, Paprika, Natural Flavor. Predusted With: Pea Flour, Corn Starch, Salt, Pulsein2 Protein Blend (Chickpea Protein, Pea Protein, Faba Bean Protein), Contains Two Percent Or Less of Each of the Following: Soybean Oil (Processing Aid), Dehydrated Garlic, Dehydrated Onion, Yeast Extract, Spice, Paprika. Breading Set In Soybean Oil.

Each Specifications

GTIN	00038483245892	Each Gross Weight	16 OZ
UPC	038483245892	Each Net Weight	16 OZ
Pack Size	1 / 1LB	Each L,W,H	3 IN, 7.25 IN, 11.50 IN
Shelf Life	365 Days	Cube	0.14 CF
Tie x High	120 x 7		

Preparation and Cooking

Cook from frozen. Heat to internal temperature of 145F. Preferred Method Conventional Oven (425F): Place frozen gluten free breaded chunks on a sheet pan that has been sprayed with pan release spray. Heat for 14 minutes*. Let stand 2 minutes before serving. Microwave Oven (1100 watts): Place frozen gluten free breaded chunks on a microwavable plate. Microwave for 2 minutes* on high. Let stand for 2 minutes before serving. Air Fryer: Place frozen gluten free breaded chunks in the air fryer (do not stack pieces). Turn air fryer to 300F. Heat for 3-4 minutes*. *Appliances vary - heating times approximate.

Serving Suggestions

Accommodates multiple day-parts and menu categories. Can be served as a snack, appetizer, entree, side dish or even as an addition to a sampler platter. Best accompanied with french fries or onion rings with a side of ketchup.

Packaging and Storage

Keep frozen until ready to heat and serve. Fully Cooked.

Allergens

CONTAINS:
Corn or Corn Derivatives